

THE UNIVERSITY OF NORTH CAROLINA - CHAPEL HILL

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Response to Trainees of Color Statement

Thank you for sending your statement to the faculty and graduate students in the Psychology and Neuroscience department at UNC. As a point of introduction, I am a faculty member in the Clinical Psychology program. My areas of research interest are in social cognition and psychosocial treatment for individuals with schizophrenia.

I have read your statement multiple times. I have started, written, and rewritten responses. I have struggled to find the right words for fear of saying the wrong thing or making matters worse. I have written responses in my head while jogging, while in the garden, and while engaged in other tasks. I am overthinking things and not thinking enough. But, I want and need to respond. Thus, I am going to speak from the heart.

I am a straight, white male but I still feel pain about how you have been treated. It disgusts me that individuals are treated differently because of their identity. I am not a person of color and I have the privilege of not being forced to constantly think about being white or male, and how these identities affect my position in this world. Thus, I can't imagine what it would be like to confront this **every day**, simply because you are a person of color.

You have an absolute right to be angry and an even stronger right to make these demands of us. We should be held accountable; for the past, and every day moving forward. In this response, I hold myself accountable.

There are a number of activities that I plan to undertake. These include the following:

- 1) Making it clear on my lab website that underrepresented scholars are welcome and encouraged to apply to my lab.
- 2) Posting this response on my lab website.
- 3) Finding specific workshops on how to mentor graduate and undergraduate students of color (rather than assume that I can figure it out on my own). I will also engage in efforts to learn about the experiences of students of color in academia, such as following them on twitter, and reading relevant books/articles by students (or mentors) of color.
- 4) Consistent with #3, I will continue to strive to have diverse representation in our lab. Of our three graduate students, two of them are persons of color. Of our six undergraduate

- students, half of them are persons of color. I will commit to having at least half of my lab be from under-represented groups, and will aim to use knowledge gained in #3 to ensure that I can support and uplift these students of color in their academic endeavors.
- 5) Although I have been the faculty representative on the Clinical Program's diversity committee, I need to do more. I will join the Psychology and Neuroscience Diversity committee and will also seek out opportunities at the college/university level.
- 6) I will organize a panel and/or colloquium at a either the Association of Behavioral and Cognitive Therapy (ABCT) or a major schizophrenia conference on race and psychosis (either related to research in this area or on why people of color are under-represented as researchers).
- 7) I will continue to fight for hiring faculty of color. There has been a major hole in the clinical program since Enrique Neblett left. This is also a result of having just one or two people of color in our department, forcing them to carry the load for everyone else. I vow to be vocal and engaged in such recruitment and hiring processes (even if I am not a member of that specific hiring committee) and to hold the <u>program</u>, <u>department</u>, and <u>college leadership</u> accountable for not achieving these goals.
- 8) I am eligible for a sabbatical during the 2021-2022 academic year. One of my goals for the sabbatical will be learning more about conducting research on Black individuals with schizophrenia, as well as in mentoring students of color. I will devote time to reading about research in this area, attending relevant workshops and symposia, and visiting labs where such research is conducted.
- 9) Starting three years ago, I administered an anonymous survey to my graduate students to get feedback on how I'm doing as a mentor (and ways for me to improve). I noticed that I don't have any questions on how responsive I am to diversity-related issues. I will add such questions to this survey.
- 10) I realize that the research questions that I ask (which is currently examining race, social cognition and functioning in schizophrenia), as a white, heterosexual male, might not be those that best address racism-related issues in schizophrenia. Therefore, I will critically examine my research program, such as study design, language used, and the scope of it, to increase the likelihood that it will have a real impact on Black individuals with schizophrenia. One of my former students suggested that I consider learning more about community-based participatory research, which will hopefully give me greater insight into the perspective and experiences of Black individuals with schizophrenia.

Thank you for demanding this response from white faculty. I greatly admire your courage and your conviction, and I stand with you.

If anyone wants to follow up with me individually, please send me an email or call my cell phone (XXX-XXXX).

David Penn